



WUZA
**Food Support
Service**

Points List

**STOCK
THE
BANK**

5 Points

- Canned Fruits and Vegetables
- Breakfast Foods
- Kosher labelled items

4 Points

- Rice, Soups, Chillies
- Canned Meats and Fish
- Legumes and Beans
- Pasta and Pasta Sauces
- Single serving / packaged items

3 Points

- Peanut and other Nut Butters
- Boxed Meals

2 Points

- Snacks
- Protein and Granola Bars
- Crackers

1 Point

- Monetary Donations
- Everything else

Items will be counted by the box, not by inside count. All items should be non-perishable and within a Best Before date.