The Food Support Service is a non-profit, student service that provides confidential assistance to members of the University of Waterloo community experiencing food insecurity. We offer both food and hygiene hampers to students and staff as well as raising food for in-need groups in the community. In addition, we run events and campaigns to raise awareness of hunger problems.
Learn more about us:

https://wusa.ca/services/food-support-service

WUSA Food Support Service

@WUSAfoodsupport

foodsupport@wusa.ca
Food insecurity is "the disruption of food intake or eating patterns because of lack of money and other resources". (2)

Surveys across 13 Canadian post-secondary institutions found that around 40% of students faced food insecurity. (1)


(2) https://www.healthypeople.gov/2020/topics-objectives/topic/social-determinants-health/interventions-resources/food-insecurity
CURRENT OPERATIONS

1. COLLECT DONATIONS
Collect donations from donation bins located across campus and Waterloo Food Bank.

2. CREATE HAMPERS
Individuals can access up to four food hampers and one hygiene hamper per month. They can choose from:

5 types of food hampers:
- Meat
- Vegetarian
- Kosher
- Halal
- Custom

2 types of hygiene hampers:
- Basic
- Menstrual

3. DISTRIBUTE HAMPERS
The hampers are distributed by the Turn Key desk in SLC and our partner:

[Image of The Women’s Centre logo]
OUR TEAM

The Food Support Service is entirely student run by:

2 CO-ORDINATORS
hire and oversee all other executives and volunteers, ensure all FSS operations are running smoothly, and work with WUSA

2 DONATIONS & RESEARCH EXECS
collect and organize donations, gather unused food for university colleges

2 PROMOTION EXECS
manage social media accounts and collaborate with WUSA marketing

1 ANALYTICS EXEC
create user survey, analyze data, and produce EOT report

3 OFFICE & LOGISTICS EXECS
oversee office and general volunteers, make hampers

In addition to the above executive team, Food Services also has a dedicated group of general volunteers who work under the office execs completing daily tasks.
HAMPER DATA

445
Food hampers distributed

193
Total hygiene hampers distributed
*Following statistics based on FSS survey responses from January 2023 - April 2023

- **97%** of hampers given to students
- **1%** of hampers given to faculty or staff members
- **2%** of hampers given to Non-UW Affiliates
31% hampers given to student using FSS for the first time

"Is this your first time using the WUSA Food Support Service?"

Percentage of Students who used Food Services more than once this term

33%
485
Total survey responses

638
Hampers given out

77%
Response rate
DONATION NUMBERS

5716 lbs collected from Waterloo Food Bank

~350 lbs from donation bins across University of Waterloo campus

*as of March 2023
FUTURE GOALS

• Expand hamper availability at satellite campuses

• Expand social media reach and service awareness
CURRENT OPERATION UPDATES

- Installing hamper pick up lockers across campus in Student Life Center, Mathematics 3, Hagey Hall