

*WUSA FOOD SUPPORT SERVICE*

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**WINTER 2022 EOT  
IMPACT REPORT**

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## ABOUT FOOD SUPPORT SERVICE

The Food Support Service is a non-profit, student service that provides confidential assistance to members of the University of Waterloo community experiencing food insecurity. We offer both food and hygiene hampers to students and staff as well as raising food for in-need groups in the community. In addition, we run events and campaigns to raise awareness of hunger problems.



# CONTACT INFORMATION

Learn more about us:

[https://wusa.ca/services/  
food-support-service](https://wusa.ca/services/food-support-service)



WUSA Food Support Service



@WUSAfoodsupport



foodsupport@wusa.ca





## FOOD INSECURITY

Studies conducted at two separate Canadian post-secondary institutions that 37.2% and 39.9% of their populations faced food insecurity.<sup>(2)</sup>



Food insecurity is ***"the disruption of food intake or eating patterns because of lack of money and other resources"***.<sup>(1)</sup>

(1) <https://www.healthypeople.gov/2020/topics-objectives/topic/social-determinants-health/interventions-resources/food-insecurity>

(2) <https://dcjournal.ca/doi/abs/10.3148/cjdpr-2018-004>  
<https://dcjournal.ca/doi/abs/10.3148/cjdpr-2018-026>

# CURRENT OPERATIONS

## 1. STOCK BANK

Collect donations from bins across campus, events (Stock the Bank), and Sobey's Bridgeport. Remaining items and purchased from Amazon.

## 2. CREATE HAMPERS

Individuals can access up to four food hampers and one hygiene hamper per month. They can choose from:

**5 types of food hampers:**  
Meat, Vegetarian, Kosher, Halal, and Custom

**2 types of hygiene hampers:**  
Basic and Menstrual

## 3. DISTRIBUTE HAMPERS

The hampers are distributed by the Turn Key desk in SLC and our partners:



# OUR TEAM

The Food Support Service is entirely student run by:

## **2 CO-ORDINATORS**

hire and oversee all other executives and volunteers, ensure all FSS operations are running smoothly, and work with WUSA

## **2 DONATION EXECS**

collect and organize donations, gather unused food for university colleges

## **2 PROMOTION EXECS**

manage social media accounts and collaborate with WUSA marketing

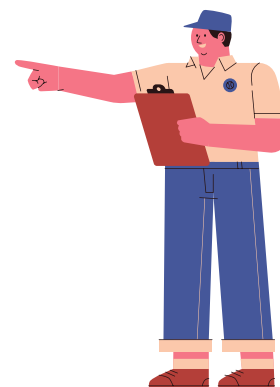
## **1 ANALYTICS EXEC**

create user survey, analyze data, and produce EOT report

## **2 OFFICE EXECS**

oversee office and general volunteers, make hampers

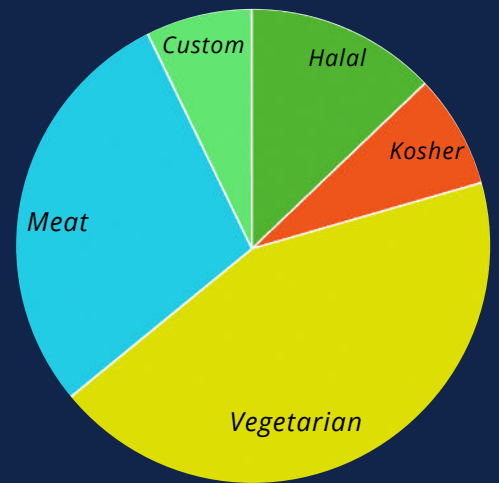
**In addition to the above executive team, Food Services also has a dedicated group of general volunteers who work under the office execs completing daily tasks.**



# HAMPERS DISTRIBUTED

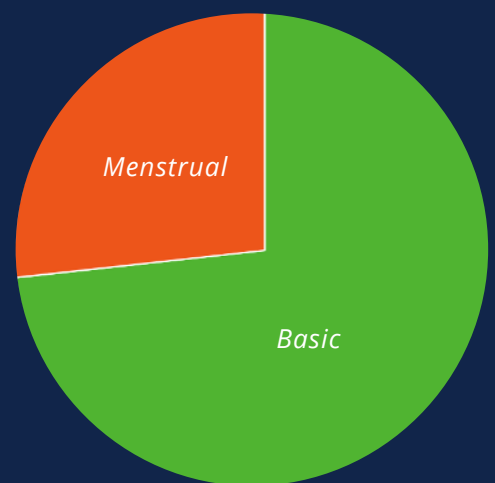
404

*Total food hampers distributed*



101

*Total hygiene hampers distributed*



472

*Total survey responses*

*\*As of April 8, 2022*

505

*Hampers given out*

*\*As of April 8, 2022*

93%

*Response rate*

\*Following statistics based on FSS **survey responses** from January 1, 2022 - March 31, 2022

94%

*of hampers given to  
**students***

0.5%

*of hampers given to  
**faculty or staff members***

5.5%

*of hampers given to  
**non-Student/Non-UW Affiliates***

# 174

Students who used Food Services for the **first time** this term

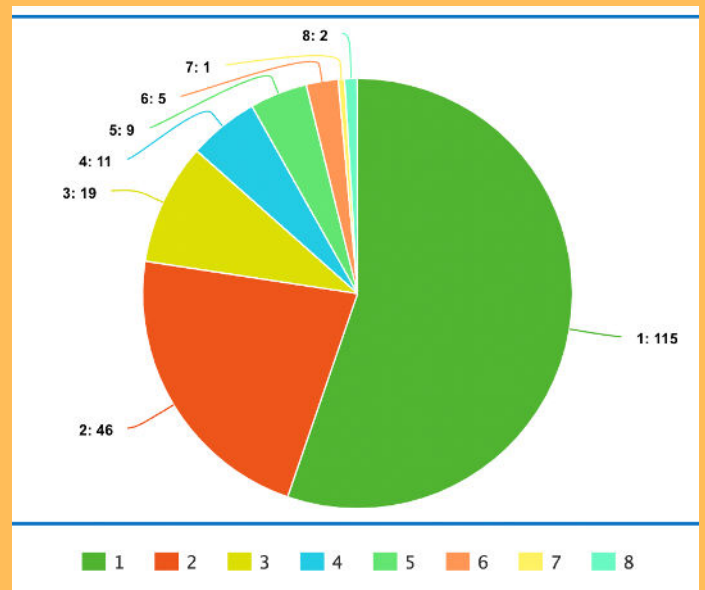
# 260

**Returning users** from past terms

Percentage of Students who used Food Services **more than once** this term

# 45%

Number of hampers claimed per student



78%<sup>\*</sup>

of student hampers given to **International Students**

7%<sup>\*</sup>

of student hampers given to **Exchange Students**

26%<sup>\*</sup>

of student hampers given to **Co-op Students**

# 28% \*

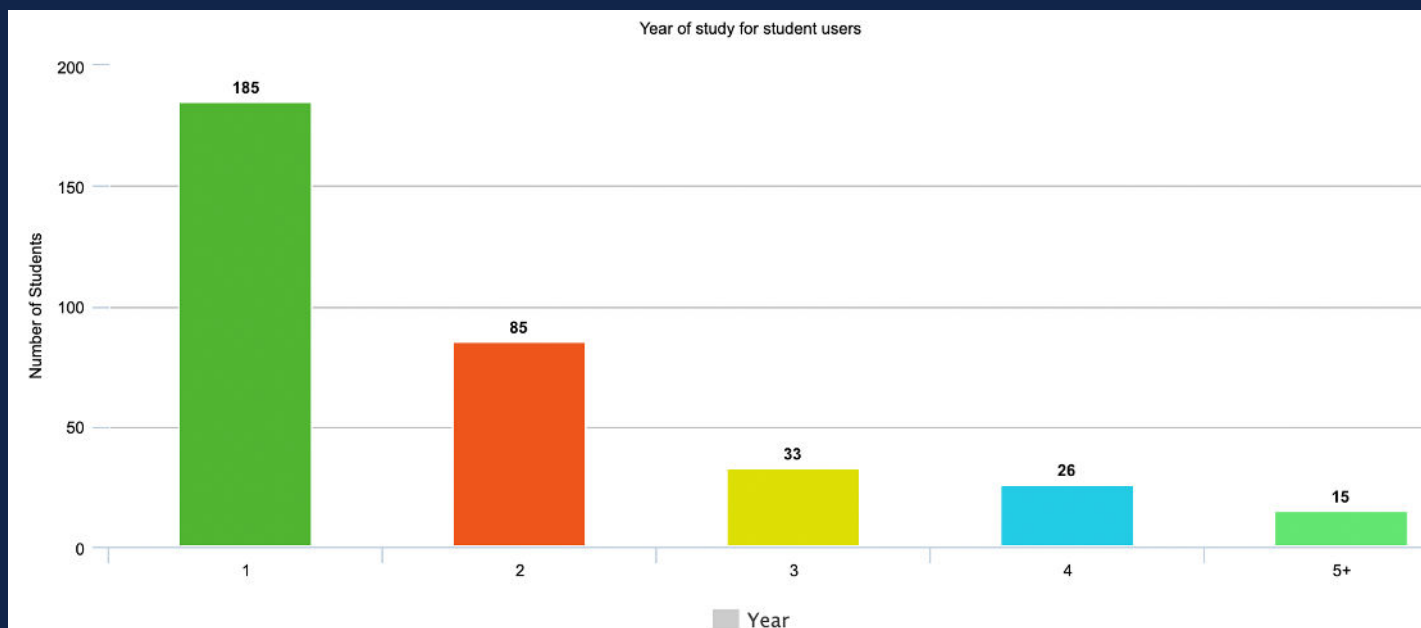
of student hampers given to  
**Undergraduate Students**

# 72% \*

of student hampers given to  
**Graduate Students**

\*Percentage of student users, not total respondents

## Student Respondent's Year of Study





## FUTURE GOALS

- Diversify hamper distribution methods
- Increase stock of specialty and requested foods
- Expand social media reach and service awareness
- Increase number of donation bins across campus and promotion of bins in residence buildings